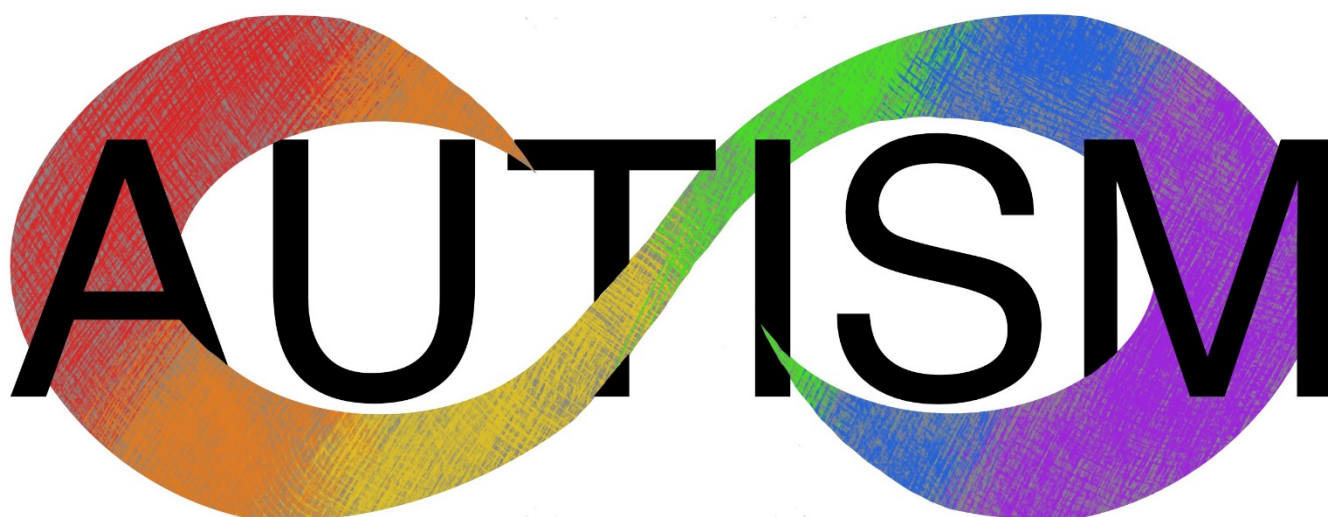


COMMUNITY AUTISM SUPPORT AND ADVICE SERVICE (CASA)



AUTISM

*“Autism is not a disability,
it’s a different ability.”*

(Stuart Duncan – <http://www.theautismeducationsite.com>)

CASA is a countywide service providing post-diagnostic support for Autistic Individuals.

What can I get from the service?

- Information, advice and guidance on what matters to me.
- A wide range of interventions and support.
- Assistance to live a life where you have a choice and are included in your local community.
- Support to reach your potential.
- Signposting to other appropriate services.
- Support to identify areas of interest and help to get involved.
- Access 1:1 work with a member of the team.
- Access Peer support where you meet with others with similar interests.
- Access to web-based information.
- A network of Drop In's across the county.



We will:

- Provide opportunities for best possible outcomes through a range of interventions and support.
- Assist you to live a life where you have choices, are included in your community and achieve your potential.
- Support you and your family to understand Autism Spectrum Conditions.
- Support you to meet your goals and make informed decisions.
- Provide opportunities for you to meet peers and develop support networks.
- Work with other organisations to advise them on making reasonable adjustments for you.

Criteria for our service:

- Have a diagnosis of Autism.
- Adults over the age of 18.
- Young people aged 17 and over to support transition to adult services.
- Resident in Gloucestershire and or registered with a Gloucestershire GP

Please note: Those with co-existing Learning Disabilities should contact Learning Disability Services. If you would like to discuss, please contact us.

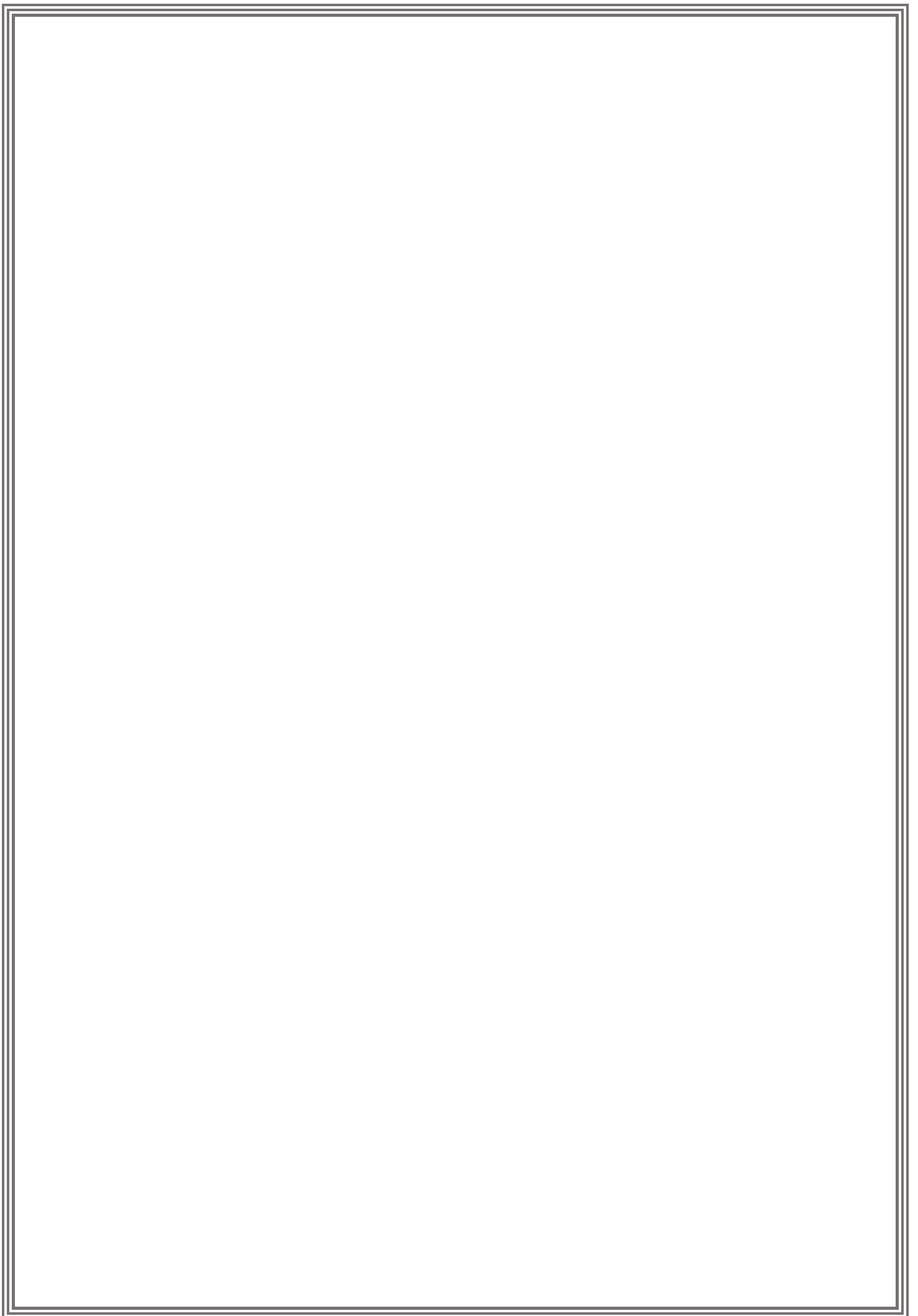
Clients referred into the CASA service should be able to demonstrate that they are ready and motivated to engage with the service.



Referrals:

We will accept referrals from a wide range of sources including:

<ul style="list-style-type: none">• Self-Referrals	<ul style="list-style-type: none">• Service users' families and /or circle of support
<ul style="list-style-type: none">• GP	<ul style="list-style-type: none">• Housing providers
<ul style="list-style-type: none">• ASC Diagnostic Centre	<ul style="list-style-type: none">• Gloucestershire Inpatient Services
<ul style="list-style-type: none">• Employers	<ul style="list-style-type: none">• Voluntary Sector organisations
<ul style="list-style-type: none">• Adult Social Care	<ul style="list-style-type: none">• Gloucestershire Health & Care Trust



How do I refer?

You can refer in a variety of ways:

- **Via our website:**
<https://www.independencetrust.co.uk/CASA>
- **By contacting the team on:**
(01452) 317460
- **By emailing us at:**
info@independencetrust.co.uk

The service operates between 09h00–17h00, Monday to Friday, excluding Bank Holidays.

We are flexible outside of these hours by providing evening and weekend support to meet the needs of the service users.

If you require further information please contact us on (01452) 317460, and one of our team will be happy to talk to you.

Autistic Adults Drop-in

Gloucester

Location: The Warehouse (Café), Parliament Street, Gloucester, GL1 1HY

Bi weekly on a Monday 10am – 12pm

Cheltenham

Location: The Sober Parrot, 7 St James' Square, Cheltenham, GL50 3PR

Bi weekly on a Tuesday 12pm-2pm

For more information and to find out about other locations across Gloucestershire, please contact info@independencetrust.co.uk